

Competition: 2016 Oklahoma State Championships of Weightlifting

Location: OKC, OK

Date: 7/9/2016

Group: 1A

Sanction #: 89774

Lot No.	Gndr	Div	Wt Class	Name (Please print legibly)	Year of Birth	Team	Body Wt	Snatch			Best	Clean & Jerk			Best	Total	Place	Points	Sinclair
								1	2	3	Sna	1	2	3	C&J				
	M	U13	50	Collin King	2009		37.2	10	15	20	15	20	25	27	25	40	1		91.14
	M	U13	56	Hayes Burris	2003		53.5	20	23	27	27	34	35	41	35	62	1		100.37
	M	U13	62	Dylan Acton	2003		57.3	40	44	47	47	58	64	70	70	117	1		179.39
	M	Y14	77	William Trent Littlejohn	2001		75.3	68	71	73	73	88	92	95	95	168	1		214.28
	M	Y14	77	Austin Smith	2002		74.9	30	33	35	35	37	39	42	42	77	2		98.52
	M	Y14	85	Max Marraccini	2002		84.4	35	38	40	40	55	57	60	60	100	1		119.93
	M	Y14	94	Wylle Ruggs	2002		90.6	50	55	57	57	60	65	67	67	124	1		143.77
	M	Y14	94+	Quinn Caldwell	2001		97.1	35	40	45	45	45	50	55	55	100	1		112.56
	M	Y16	77	Braxton Byrd	1999		76.7	75	80	83	83	100	104	104	100	183	1		230.96
	M	Y16	77	Kyle Dooling	1999		77	60	65	65	65	70	75	80	80	145	2		182.6

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								1	2	3	Sna	1	2	3	C&J				
	M	Y16	85	Carson Cobb	2000		81.1	75	83	90	83	98	100	100	100	183	1		224.01
	M	Y16	85	Cole Taubel	2000		82.3	55	60	64	64	75	80	85	85	149	2		181
	M	Y16	94+	Murray Soodsma	1999		94.3	80	90	100	90	100	120	130	120	210	1		239.25
	M	M35	77	Keegan Burris	1977		70	61	65	65	65	84	93	93	84	149	1		222.85
	M	M35	85	Keith Martin	1977		84.9	93	97	102	102	124	126	127	124	226	1		227.25
	M	M35	94	Shane Cink	1981		93.1	117	122	125	122	135	135	140	135	257	1		314.3
	M	M35	105	Jeremiah Williams	1977		97	93	96	100	100	115	120	125	125	225	1		275.89
	M	M35	105	JJ Prachyl	1980		98.8	79	81	86	81	104	106	108	108	189	2		214.31
	M	M35	105	Thurman Lynch	1981		101	60	70	70	60	75	75	75	75	135	3		158.159
	M	M35	105+	Stephen Lynch	1980		131	70	80	85	80	85	95	105	105	185	1		209.77
	M	M40	85	Christopher Smith	1975		84.7	85	89	89	89	119	122	125	125	214	1		293.84
	M	M40	94	Tyler Smith	1975		93.8	89	93	94	89	115	118	123	123	212	1		278.14
	M	M40	94	Steve Kendrick	1974		93.9	64	67	67	67	91	94	100	100	167	2		221.38

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								1	2	3	Sna	1	2	3					
	M	M40	77	Winston Fong	1976		76.6	80	85	90	85	105	105	109	109	194	1		278.105
	M	M40	77	Daryl Kelley	1974		76.2	75	85	85	85	95	100	105	105	190	2		279.682
	M	M45	62	Ray Harkness	1971		61.5	57	66	68	68	88	92	96	92	160	1		279.99
	M	M45	94	Brian Daly	1971		90.4	55	62	62	55	72	80	81	81	136	1		189.885
	M	M45	105+	Steve Nicholls	1969		107	100	107	110	100	125	130	130	130	230	1		308.311
	M	M50	69	Mark Hummel	1964		68.3	58	62	62	58	75	80	83	80	138	1		245.92
	M	M50	105+	James Paterson	1965		104	64	68	73	68	72	80	82	82	150	1		213.337
	M	M60	85	Jed Harris	1952		82.2	61	64	66	64	78	83	83	83	147	1		291.06
	M	M60	105	Walter Warren	1955		97.3	68	73	73	73	85	91	96	85	158	1		273.825
	M	M70	105	Jim Napier	1945		102	70	77	81	81	87	93	97	97	178	1		374.913

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								1	2	3	Sna	1	2	3					
	F	Sr	53	Caroline Essex			52	60	63	63	63	80	84	89	89	152	1		232.839
	F	Sr	53	Jessica Meza			51.6	33	35	38	38	42	47	52	47	85	2		131.031
	F	Sr	58	Whitney Zuspann			56.4	61	61	66	66	80	85	89	85	151	1		217.043
	F	Sr	58	Amanda Gomes			57.5	58	65	70	65	70	76	79	79	144	2		204.025
	F	Sr	58	Amy Brooks			55.2	55	56	58	56	67	69	71	71	127	3		185.555
	F	Sr	58	Ciarra McKain			57	45	50	55	50	50	55	60	60	110	4		156.864
	F	Sr	58	Kristen Rhoads			54.6	25	28	30	28	35	39	40	40	68	5		100.196
	F	Sr	63	Elam Hunter			61.9	75	75	80	80	95	100	103	103	183	1		246.09
	F	Sr	63	Michelle Hearn			61.4	59	64	69	64	75	80	83	80	144	2		194.72
	F	Sr	63	Davee Deaton			61.5	56	59	62	59	70	74	77	77	136	3		183.697
	F	Sr	63	Haley Norman			60.7	32	35	37	37	55	57	60	60	97	4		132.208
	F	Sr	63	Olivia Miller			65.6	56	60	62	62	66	70	72	66	128	-		174.261

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								1	2	3	Sna	1	2	3	C&J				
	F	Sr	69	Amanda Bratcher			66.9	77	79	81	80	91	91	91	91	171	1		218.64
	F	Sr	69	Amanda Shatwell			67.6	62	66	68	68	84	86	86	84	152	2		190.73
	F	Sr	69	Meagan Dickinson			66	60	64	66	64	76	78	81	78	142	3		178.19
	F	Sr	69	Mady Malloy			68.4	43	47	48	48	63	63	67	63	111	4		139.28
	F	Sr	69	Alexandra Bohannon			63.6	30	35	40	35	40	46	46	40	75	5		94.11
	F	Sr	75	Meagan Martinez			69.3	57	60	63	60	76	80	85	80	140	1		167.63
	F	Sr	75	Kim Bramblett			73.2	50	50	55	55	65	70	74	74	129	2		154.46
	F	Sr	75	Lindsey Drywater			73.2	43	47	52	52	57	62	68	62	114	3		136.5
	F	Sr	75	Elaina Rice			73.1	45	45	48	48	58	63	63	63	111	4		132.9
	F	Sr	75	Michelle Denson			67.2	29	32	35	32	43	45	47	47	79	5		94.57
	F	Sr	75+	Cali Dodd			78.5	68	70	72	70	85	91	91	85	155	1		185.59
	F	Sr	75+	Kayla Yraceburu			83.7	67	71	71	67	79	83	84	79	146	2		174.81
	F	Sr	75+	Karen Colwell			85.5	56	59	63	59	65	72	77	77	136	3		162.84
	F	Sr	75+	Marilyn Kozlowski			76.4	45	49	51	51	65	67	70	67	118	4		141.29

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								1	2	3	Sna	1	2	3	C&J				
	F	Y13	69+	Lauren Williams	2003		74.2	35	37	40	40	37	40	44	44	84	1		101.157
	F	Y14	69	Bailey Arthur	2002		68.8	44	45	50	45	58	61	63	63	108	1		135.759
	F	Jr	75	Courtney Williamson	1996		75	61	64	65	65	68	71	73	68	133	1		159.25
	F	M35	48	Lynde Coy	1977		46.6	35	37	40	40	43	46	48	48	88	1		166.167
	F	M35	58	Shannon Ellis	1980		58	30	33	36	33	37	40	43	40	73	1		111.305
	F	M35	69	Tisha Brott	1978		65.5	40	43	43	40	50	53	56	56	96	1		137.944
	F	M35	75+	Courtney Simmons	1981		85.4	53	55	57	57	68	71	78	78	135	1		162.828
	F	M40	58	Kristie Sproul	1974		53.4	35	38	40	35	50	53	54	50	85	1		144.657
	F	M40	63	Jacinda King	1976		61.2	45	47	50	50	58	63	64	58	108	1		166.127
	F	M45	69	Michelle Walden	1968		67.2	40	46	46	46	55	61	63	61	107	1		170.271
	F	M55	75+	Debbie Strobel	1958		79.1	43	45	45	45	60	63	66	63	108	1		184.006

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								1	2	3	Sna	1	2	3					
	M	Sr	85	Lee Blanchard			84	125	130	132	125	150	155	158	150	275	1		330.584
	M	Sr	85	Eri Proe			82.4	116	120	120	120	152	152	157	152	272	2		330.205
	M	Sr	85	Matt Morrison			83.3	110	112	112	112	143	150	150	143	255	3		307.845
	M	Sr	85	Zac Zuspann			84.5	105	110	114	110	130	137	141	137	247	4		296.041
	M	Sr	85	Jordan Henderson			78.4	106	109	112	112	127	134	137	134	246	5		306.69
	M	Sr	85	Sam Suflita			84	90	93	93	93	111	116	121	116	209	6		251.244
	M	Sr	85	Derek Rumer			83.8	80	80	95	80	103	112	116	103	183	7		220.254
	M	Sr	85	Brady Dunbar			84.8	85	85	85	-	70	-	-	70	-	8		-

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								1	2	3	Sna	1	2	3	C&J				
	M	Sr	94	Zack Mabray			89.2	116	123	123	116	147	151	153	147	263	1		307.11
	M	Sr	94	Alex Skipper			93.2	115	123	124	115	145	150	154	150	265	2		303.43
	M	Sr	94	Donnie Ochampaugh			86.5	107	114	114	114	133	141	146	141	255	3		302.13
	M	Sr	94	Conner Thompson			92.9	108	115	120	115	128	134	134	128	249	4		285.51
	M	Sr	94	Brandon Priest			87.3	85	92	97	97	115	123	128	123	220	5		259.51
	M	Sr	94	Trent Rose			90.9	94	98	102	94	118	122	125	125	219	6		253.54
	M	Sr	94	Braxton Wright			92	85	92	100	92	105	110	120	120	212	7		244.13
	M	Sr	94	Frank Patterson			93.9	88	88	88	-	121	125	125	121	-	8		-
	M	Sr	105	Trey Worthington			104	85	90	95	95	110	115	120	115	210	1		230.68
	M	Sr	105	Keith Jacobson			104	75	80	80	75	105	105	110	105	180	2		197.59
	M	Sr	105	Jon May			99.9	60	67	75	67	75	82	90	90	157	3		174.75
	M	Sr	105+	Elijah Young			115	110	115	125	115	140	145	155	155	270	1		286.64

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								1	2	3	Sna	1	2	3					
	M	Sr	62	Victor Vargas			61.2	77	80	82	80	102	106	108	106	186	1		271.521
	M	Sr	62	Jon Mance			59.7	70	75	82	75	90	95	95	90	165	2		245.275
	M	Sr	69	Blake Barnes			68.2	105	110	110	110	130	135	140	135	245	1		332.072
	M	Sr	69	Trey Bowman			68.6	89	95	97	89	120	125	130	130	219	2		295.713
	M	Sr	77	Daniel West			74.9	90	95	100	100	120	125	125	120	220	1		281.476
	M	Sr	77	John Wesselhoft			74.2	80	85	92	92	100	110	115	110	202	2		259.873
	M	Jr	77	Timothy Christopher	1998		69.1	83	85	85	85	105	110	118	110	195	1		262.326
	M	Jr	77	Luke Hollman	1998		70	65	70	75	75	80	85	90	90	165	2		219.94
	M	Jr	105+	Nick Shironaka	1996		119	115	115	15	115	140	140	146	146	261	1		274.247
	M	Jr	105+	Tyler Tillery	1998		151	85	90	90	90	110	115	122	115	205	2		206.527